



YOGATRIBES™

PRESS RELEASE
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**ON JULY 1ST, COME JOIN THE YOGAFEST SECOND EDITION
ON THE QUAYS OF THE OLD PORT OF MONTREAL !**

Montreal, June 30, 2011 — The 2nd edition of the Yogafest is here! From 10am to 6pm, the Quays of the Old Port of Montreal welcome you to celebrate Canada Day and discover the benefits of yoga! Enjoy a day of pure fun and relaxation for all the family! The Yogafest 2011 is for everyone, from beginners to advanced.

On the schedule this year, yoga workshops and demonstrations of various modern forms of yoga, all presented by some of the best professional instructors in Canada, including Suzanne Ross at Yoga Dance, Allison Ulan and her team at Ashtanga, Monica Ordaz accompanied by the incredible Cameron Shayne, founder of the Budokon style, Melanie Chevarie at Yoga Vinyasa and Yoga for kids as well as Jill Campbell at her workshop of Acrobatic Yoga. Don't miss the big Yoga Jam at 5pm where all the pros get together on the big scene! We proudly have with us this year the amazing guest DJ Abeille G linas to set the mats on fire at the Yogafest 2011!

From 10am to 6pm, professionals and amateurs aged 2 to 85 are invited in the Old Port to be a part of this big yoga celebration for free. For more information on the event, visit yogafest2011.com. Many other activities are happening in the Old Port of Montreal for Canada Day.

About YogaTribes

YogaTribes is a unique community where masters and students get together in inspirational spaces to practice yoga. As a tribe, they gather around their shared passion: yoga. With YogaTribes, students can see the classes' schedules and subscribe to the yoga tribe of their choice according to the class, the style, the location or the teacher. With the personal messaging, the multiple interactive tools, the descriptions and detailed profiles, plus an unparalleled array of yoga-related tips as well as many resources offered, YogaTribes facilitates the promotion and the practice of all yoga types.

For more information, visit yogatribes.com.

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Source :
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